

1 Full Title: The Development of Metaphor Comprehension and its Relationship with
2 Relational Verbal Reasoning and Executive Function

3 Short Title: Metaphor Comprehension and Executive Function

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5 N. Carriedo^{1¶}, A. Corral^{1¶}, P.R. Montoro¹, L. Herrero², P. Ballestrino¹, I. Sebastián¹

6

7 ¹ National Distance Education University (UNED)

8 ² Camilo José Cela University

9

10 * Corresponding author:

11 E-mail: ncarriedo@psi.uned.es (NC)

12 ¶ These authors contributed equally to this work.

13

14 Abstract

15 Our main objective was to analyze the differential contribution of relational verbal reasoning
16 (analogical and class inclusion) and executive functioning to metaphor comprehension across
17 development. We postulated that both relational reasoning and executive functioning should
18 predict individual and developmental differences. However, executive functioning will play a
19 supplementary role, especially when metaphor comprehension is highly demanding either
20 because of the difficulty of the metaphor or because of the individual's special processing
21 difficulties such as low levels of reading experience, low semantic knowledge and/or low
22 executive abilities. Three groups of participants, 11- and 15-year-olds and young adults, were
23 assessed in different relational verbal reasoning tasks—analogical and class inclusion—and in
24 executive functioning tasks—updating information in Working-working mMemory, inhibition
25 and shifting. Results revealed a clear progress in metaphor comprehension between ages 11
26 and 15 and between ages 15 and 21. However, the importance of executive function in
27 metaphor comprehension is-was only evident as of age ~~of~~ 15 and is-was restricted to updating
28 information in Working-working mMemory and to cognitive inhibition. Participants seem to
29 use two different strategies to interpret metaphors: relational verbal reasoning and executive
30 functionings. This is-was clearly shown when comparing the performance of the-"more
31 efficient" participants in metaphor interpretation with that of the-"less efficient" ones.
32 Whereas in the first case, none of the executive variables or those associated with relational
33 verbal reasoning were significantly related to metaphor comprehension, in the latter case-of
34 the-latter, both groups of variables had a clear predictor effect.

35

Comentado [SMS1]: Another way to rephrase for purposes of clarity:
"We postulated that individual and developmental differences would be predicted by both relational reasoning and executive functioning, but that the latter would play a supplementary role. This would occur especially when metaphor comprehension is highly demanding either because of its difficulty or due to an individual's difficulty with special processing, such as in cases of those with low levels of reading experience, semantic knowledge and/or executive abilities. NOTE: Similar paragraph appears two times more in the text, refer to lines 156-161 and 541-547. Modify as appropriate.

Comentado [SMS2]: Coherence of strategies as an action ending in -ing, this is why I changed "function" to "functioning" (to match reasoning).

36 Introduction

37
38 The study of ~~the~~ cognitive processes involved in metaphor comprehension has been the
39 subject of intense debate in recent years. One of the main debates has focused on the
40 consideration of nominal metaphors either as “class-inclusion assertions” or as analogies.

41 From both perspectives, metaphor comprehension ~~is considered to entail~~s a process of
42 ~~integrating on of the~~ meaning, which requires reasoning verbally from previously acquired
43 concepts or schemas. However, the two perspectives differ in the type of relational verbal
44 reasoning required. Whereas some authors postulated d an underlying process of comparison of
45 the metaphor topic and its vehicle, based on analogical reasoning (Bowdle & Gentner, 2005;
46 Gentner, Falkenhainer, & Skorstand, 1988; Miller, 1993; Ortony, 1979; Wolff & Gentner,
47 1992) or between the knowledge domains referred to by the terms contained in the
48 metaphorical relationship (Tourangeau & Sternberg, 1982), other authors (e.g., Glucksberg &
49 Keysar, 1990) defended ed an underlying process of categorization or class inclusion that ~~would~~
50 did not imply any comparison, but rather the construction of an *ad hoc* standard category by
51 the metaphor vehicle. However, the metaphor topic would restrict the attributional process,
52 indicating its relevant dimensions (Glucksberg, McGlone, & Manfredi, 1997).

53 In the context of this last perspective, it has become clear that metaphor
54 comprehension would imply both the activation of concepts that are relevant to its
55 interpretation and the inhibition or active suppression of those properties or concepts that are
56 irrelevant (Gernsbacher, Keysar, Robertson, & Werner, 2001; Glucksberg, Newsome, &
57 Goldvarg, 2001; Rubio-Fernández, 2007). From another perspective, Recanati (2004) also
58 pointed out changes in information accessibility in the process of metaphor comprehension:
59 literal interpretation could be more active in early processing stages, whereas non-literal
60 representations could be more accessible in later stages. According to this author, two factors
61 affected ed changes in accessibility: the linguistic context and knowledge of the world. This
62 would not imply that the literal interpretation of the metaphor ~~is~~ was necessarily suppressed

Comentado [SMS3]: In the entire article, only 2 appearances of “class-inclusion” (with dash) and 61 appearance of “class inclusion” (without dash). Choose one and use it only.

63 when the non-literal interpretation ~~is-was~~ accessed, but that the literal interpretation could
64 remain at some level of activation even after the non-literal interpretation has been accessed
65 (for a similar account, see also Reyna & Kiernan, 1995, and Reyna, 1996, from the fuzzy-
66 trace framework).

67 All of these works indicated d that, to properly understand the metaphor, it ~~is-was~~
68 necessary to activate ~~the-relevant~~ information ~~that is relevant~~ for its interpretation and to
69 suppress (or reduce the accessibility) of ~~the~~ irrelevant information. This activation/inhibition
70 mechanism would be a general mechanism underlying both ~~the~~ attributional ~~process~~ and ~~the~~
71 comparison processes (Glucksberg et al., 2001). The activation/inhibition process would vary
72 according to the metaphor's degree of familiarity and also depending on the strength of the
73 contextual bias. In conditions in which metaphors are presented within a context, contextual
74 information helps to ~~determine which~~ differentiate between relevant and irrelevant information
75 ~~is relevant and which is irrelevant~~. However, when metaphors are presented in a
76 decontextualized manner, their resolution would be analogous ~~to a process of~~ problem-solving
77 process in which general cognitive resources are involved (Johnson & Pascual-Leone, 1989;
78 Johnson & Rosano, 1993; Prat, Mason & Just, 2012; Reyna & Kiernan, 1995), cognitive
79 resources that might be responsible for individual (Prat & Just, 2011) and developmental
80 differences (Blasko, 1999). Among these general cognitive processes, it has been proposed
81 that analogical reasoning (Trick & Katz, 1986), verbal SAT (Scholastic Assessment Test)
82 scores (Blasko, 1999), advancement in formal operational development (Billow, 1975), or
83 general intelligence (Kazmerski, Blasko, & Dessalegn, 2003) could play a role, but also
84 processes related to regulation or attentional control (Coney & Lange, 2006), such as mental
85 attention (Johnson & Pascual-Leone, 1989), or executive functioning.

86 In the developmental arena, it has been assumed that metaphor comprehension
87 depends on cognitive development. The studies that have addressed this topic (Billow, 1975;
88 Johnson & Pascual-Leone, 1989; Özçaliskan, 2005; Winner, Engel, & Gardner, 1980); point

89 to a progressive development with age. However, developmental studies in metaphor
90 comprehension have yielded inconsistent data due to various theoretical, methodological and
91 linguistic inconsistencies (Rundblad & Annaz, 2010). Thus, it is difficult to establish a
92 sequence of “stages” in metaphor interpretation. Some authors have postulated three main
93 stages, going from exclusively literal interpretations at the age of 3 to the onset of abstract
94 relational verbal reasoning about metaphorical mappings around age 5 (Özçaliskan, 2005).
95 However, other researchers extend the development until 9 to 11 years of age, when the
96 ability to paraphrase metaphors emerges (Cometa & Eson, 1978). More recent studies have
97 shown a progressive development in novel metaphor comprehension until adulthood (Van
98 Herwegen, Dimitriou & Rundblad, 2013).

99 However, the issue under debate is which mechanisms are responsible for the
100 developmental change. From a Piagetian perspective, metaphor comprehension is considered
101 as a reasoning task constrained by logical abilities. In this sense, Paivio (1979) pointed out
102 that metaphor comprehension implies the integration of analogous elements into a new
103 whole through a process of relational reasoning. In this same line, Gentner (1988) found that
104 developmental changes in metaphor comprehension could be explained in terms of a
105 ‘relational shift’ that occurs during development (around 6-7 years old): children under 7
106 years old interpret metaphorical comparisons in terms of object similarity (i.e.,
107 attributional/perceptual similarity), whereas older children do so in terms of relational
108 similarity. In a similar account, Nall (1983) proposed a developmental progression in
109 understanding metaphors: identification of similarities between objects, understanding of
110 relationships between similarities, and integration of similarities in a new concept.

111 From the information processing approach, it has been shown that semantic
112 knowledge is a reliable predictor of metaphor comprehension (e.g., Keil, 1986; Mashal &
113 Kasirer, 2011). Alternatively, some other authors have underlined that metaphor interpretation
114 depends on the role of Working working mMemory (WM) or attentional resource constraints

115 (e.g., Coney & Lange, 2006; Johnson & Pascual-Leone, 1989). Therefore, the issue under
116 debate is whether developmental changes in metaphor comprehension are due to increase of
117 domain-specific knowledge or to changes in more general cognitive abilities such as
118 attentional capacity or executive functioning.

119 Given that metaphor comprehension demands great abstraction and great attentional
120 effort—and, therefore, ~~it~~ requires high levels of control and cognitive regulation—and that
121 such control has been linked to executive functioning, then executive functioning could be a
122 good candidate to explain these observed developmental differences. Thus, our objective was
123 to study the differential contribution of executive functioning across development—
124 specifically, the executive functions of updating information in WM, inhibition, and cognitive
125 flexibility—to metaphor interpretation in relation to analogical and class inclusion reasoning.
126 To our knowledge, there are few previous studies relating executive functioning to metaphor
127 interpretation. Some authors have linked the quality of metaphor interpretation to WM
128 capacity (Blasko, 1999; Chiappe & Chiappe, 2007; Kazmerski et al., 2003; Prat et al., 2012),
129 whereas others have postulated that cognitive flexibility is required to select the common
130 attributes of the vehicle and the target term and to shift between literal and metaphoric
131 meanings (Mashal & Kasirer, 2011), while inhibition control is required to suppress the
132 irrelevant literal interpretation (Chiappe & Chiappe, 2007; Gernsbacher et al., 2001;
133 Glucksberg et al., 2001; Recanati, 2004; Rubio-Fernández, 2007).

134 Recently Prat et al. (2012) found interesting results in adults in a Functional Magnetic
135 Resonance Imaging (fMRI) study. They found that neural correlates of metaphor
136 comprehension and analogy resolution mostly overlap, but only when processing demands of
137 the task increase, right hemisphere areas (inferior and middle frontal gyri) ~~implicated~~ in
138 metaphor comprehension become increasingly involved. ~~This could reflect, which could be~~
139 ~~reflecting~~—a greater need for more general cognitive processes, such as response selection
140 and/or inhibition. That is, as the processing demands of metaphor comprehension increase,

Comentado [SMS4]: There are no spaces before and after em dashes, as there is an inconsistency of use throughout the article.

141 areas typically associated with WM processes and areas involved in response selection were
142 increasingly involved. These authors also found that decreased individual reading skill (which
143 is presumably related to increased processing demands) was also associated with increased
144 activation both in the right inferior frontal gyrus and in the right frontopolar region, which is
145 interpreted as less-skilled readers' greater need to select the appropriate response, a difficulty
146 that arises from inefficient suppression of incorrect responses. They interpreted these results
147 in terms of the Right-right hHemisphere spillover hypothesis, according to which the- rRight
148 hHemisphere becomes increasingly engaged when the processing demands of a language task
149 exceed the resources available in the l-eft hHemisphere such that some of the residual
150 processing spills over into the rRight hHemisphere (Prat et al. 2012).

151 Therefore, understanding a new metaphor without a context would presumably require
152 not only the intervention of relational reasoning –which could also be implicated in analogical
153 or class inclusion reasoning– but also the involvement of attentional control processes related
154 to executive functioning, which allows the suppression of inadequate responses, appropriate
155 response selection, ability to update information in WM, as well as cognitive flexibility. Thus,
156 we postulated that both relational reasoning and executive functioning should predict
157 individual and developmental differences in metaphor interpretation. However, executive
158 functioning will play a supplementary role, especially when metaphor comprehension is
159 highly demanding either because of the metaphors' high difficulty (relatively novel metaphors
160 in the absence of a context) or because of the individual's special processing difficulties, such
161 as low levels of reading experience, low-semantic knowledge and/or low-executive abilities.

162 If relational reasoning were-was the only factor responsible for metaphor
163 interpretation, we would not expect developmental differences, given that-because most
164 children have already acquired these abilities around 11 years of age. However, executive
165 functioning abilities continue to develop far beyond adolescence. Thus, if executive
166 processing is-was responsible for metaphor interpretation, we hypothesized changes across

Comentado [SMS5]: Perhaps this “need” could be replaced with “difficulty” (...in selecting the appropriate response, arising from inefficient suppression of incorrect responses).

167 development: when executive functioning is not yet established –that is, at the age of 11–
168 metaphor comprehension should rely more on analogical or class inclusion reasoning.
169 However, when people can benefit from adequate updating of information in WM,
170 suppression of inappropriate information, and effective shifting between literal and
171 metaphorical meanings –that is, at the age of 15 and far beyond– they will use these
172 attentional control resources to achieve a better interpretation.

173 Materials and Methods

174 Participants

175 In this study, 119 participants were divided into three age groups: 11 years ($n = 39$, $M = 11.4$,
176 $SD = 0.41$), 15 years ($n = 41$, $M = 15$, $SD = 0.48$), and young adults ~~aged between~~ the ages of
177 21 and 25 years ($n = 39$, $M = 23.4$, $SD = 1.32$). The children and adolescents between 11 and
178 15 years came from public and subsidized schools from all over Spain. None of the children
179 had any diagnosed developmental disorders. All of the young adults had at least mid college
180 studies.

181 The bioethics committee of Universidad Nacional de Educación a Distancia (UNED)
182 approved this study as ~~a~~ part of a project funded by MINECO (EDU2011-22699) on January
183 25, 2011. Adult participants were asked to supply sign a written informed consent. In the case
184 of children, written consent was signed by their parents or guardians. Parents or guardians
185 signed the written consent in representation of their children.

186 Materials

187 The participants were evaluated ~~with using~~ two relational verbal reasoning tasks—analogical
188 and class inclusion reasoning—and with the Remote Association Test (RAT), in a task of
189 metaphor comprehension, and in various tests ~~of the most~~ commonly used to study executive
190 functions (Miyake et al., 2000): (a) *shifting* or cognitive flexibility, that is, the ability to
191 change strategies, attention, or tasks when the subject has to perform multiple tasks,
192 operations, or mental processes; (b) *updating* or the ability to supervise, encode, and select ~~the~~

Comentado [SMS6]: Attention to placement of the date: was the study approved or funded on this date?

193 information that is relevant to the task at hand, replacing old information that is no longer
194 relevant with new information that is; and (c) *inhibition* or the ability to inhibit dominant or
195 preponderant information and automatic responses when they are not necessary to perform the
196 task. Within inhibition, following the work of Friedman and Miyake (2004), we also
197 differentiated between two inhibitory functions: (1) *response-distractor inhibition*—
198 responsible for actively maintaining task goals in the face of interference, usually coming
199 from external stimuli—and (2) *cognitive inhibition*, that is, *suppression of information in*
200 *WM*, or the ability to inhibit in WM stimuli that are irrelevant to the goals of the task, and
201 *resistance to proactive interference*, understood as the capacity to inhibit items stored in the
202 long-term memory (LTM) that are no longer relevant for the ongoing task.

203 The analogical reasoning test, class inclusion test, Remote Association Test, and
204 metaphor interpretation test were administered collectively. The order of the reasoning tests
205 was counterbalanced, but the metaphor interpretation test was always presented ~~the~~-last. The
206 executive functioning tasks were also counterbalanced and individually administered,
207 controlled by a computer. Randomization and time for stimulus presentation were controlled
208 by E-Prime software, version 2.0 (Psychology Software Tools Inc; www.pst-net.com/eprime).
209 *Analogical, class inclusion reasoning and metaphor comprehension tests.*

210 Taking into account that the existing literature ~~about-on~~ metaphor interpretation underscores
211 both the influence of analogical and class inclusion reasoning, we prepared three parallel tests
212 that included similar terms or concepts ~~in-order~~ to control that the possible difference between
213 them was not due to prior knowledge or vocabulary comprehension.

214 For example, from two trigger words "*lemon*" and "*sweet*" we constructed:

- 215 a) An analogy “.....*is to sour as honey is to*.....”. The participants had to complete two
216 terms of the analogy with the words *lemon* and *sweet*.
- 217 b) An item of class inclusion. ~~The~~ participants were asked to say the term or general
218 concept that could include both the words *lemon* and *honey*.

219 c) A metaphorical expression "*your honey tastes like a lemon*". The participants had to
220 explain the ~~whose~~ meaning they had to explain.

221 Each of the three tests consisted of 12 items designed in accordance with the above
222 criteria. Two of the authors ~~he~~ prepared the metaphors ~~were prepared~~ especially for this study
223 by two of the authors.

224 To assess the familiarity, comprehensibility, and aptness of the various metaphors, we
225 conducted a norming study with 43 different participants, aged 18-40 years. They rated 12
226 randomly ordered metaphors on three scales of familiarity, comprehensibility, and aptness.
227 Following Blasko and Coninne (1993), for the familiarity scale, participants were asked to
228 "...rate each metaphor . . . according to how familiar the metaphor seems to you." For the
229 comprehensibility scale, participants were asked to "... rate each metaphor . . . according to
230 how comprehensible the metaphor seems to you." For the aptness scale, subjects were asked
231 to "...rate each metaphor based on how well you think the metaphor expresses its specific
232 non-literal meaning." These three scales ranged from 1 to 7 on familiarity (1 = not at all
233 familiar and 7 = very highly familiar), comprehensibility (1 = not at all comprehensible and 7
234 = very highly comprehensible), and aptness (1 = not at all apt and 7 = very highly apt).
235 Results showed that the metaphors used in this study were low on familiarity ($M = 2.70$, $SD =$
236 0.92), fairly comprehensible ($M = 5.08$, $SD = 0.69$), and apt ($M = 5.06$, $SD = 0.37$). We
237 detected two metaphors whose score on familiarity was slightly above the mean of the scale
238 (4.2 and 4.3). ~~In order to~~ To discard the effect of these different familiarity rates and ~~following~~
239 as per the suggestions of one of the reviewers, we reanalyzed the data excluding these two
240 metaphors. As the results did not vary essentially, we decided to maintain them.

241 Each metaphor item is scored with a minimum of 0 points and a maximum of 2. The
242 maximum possible score of each ~~test of the tests~~ was 24 points. Three independent judges
243 scored the tests. The scoring was carried out by three independent judges. Inter-rater
244 reliability was .90. ~~It was~~ calculated by using one of the judge's κ^2 scores after a previous

245 discussion ~~of on any the cases of~~ disagreements until consensus was reached. Given that the
246 literature review indicates that inter-rater reliability based upon consensus estimates should
247 be 70% or higher (Stemler, 2004), the reliability of these scores could be considered adequate.

248 The list of items that make up each ~~of the tests~~test is shown in the S1_Appendix. In the
249 metaphor test, an example of a literal interpretation (scored with 0 points) and a metaphorical
250 interpretation (scored with 2 points) is also shown.

251 *Remote Association Test (RAT)*. This was adapted from the original test ~~of by~~ Mednick
252 (1962). The test consists of 16 items in which a word that is related to three given words
253 should be produced. For example, from the words: *Bass-Complex-Sleep*, the subject should
254 infer *deep*. This test is commonly used to assess creative thinking, which involves relating
255 apparently unrelated concepts, a process which, ~~by its~~given its nature, could also be involved
256 in metaphorical interpretation.

257 *Executive function tasks.*

258 *Updating task:* We used a Spanish adaptation of the updating information in the WM
259 task (Carriedo, Corral, Montoro, Herrero, & Rucián, submitted) developed by De Beni and
260 Palladino (2004) and adapted by Lechuga, Moreno, Pelegrina, Gómez-Ariza, and Bajo
261 (2006). The task had a total of 24 lists (20 experimental lists and 4 practice lists), each ~~one~~
262 containing 12 words. The words were names of objects, animals, or body parts of different
263 sizes, and abstract common nouns. Each list included words to be recalled (relevant words),
264 words to be discarded (irrelevant words), and filler words. The number of each kind of word
265 in each list varied depending on the experimental condition. Thus, the number of relevant
266 words in each list varied between 3 (low memory load) and 5 (high memory load). The
267 number of irrelevant words varied between 2 (low suppression) and 5 (high suppression).

268 Finally, the number of abstract filler words varied from 2 to 7. Table 1 shows t~~The~~
269 composition of lists as a function of memory load and suppression ~~can be seen in Table 1.~~
270 Target words (relevant and irrelevant) were familiar concrete nouns, which referred to body

271 parts, objects, or animals that can be classified by size. Filler words were abstract nouns. The
272 final 24 lists were distributed in 4 experimental conditions of 6 lists each. One list of each
273 experimental condition was considered as a practice list. Thus, each experimental condition
274 was composed of 5 lists. The total number of words to be recalled across all conditions was
275 80 (practice lists were excluded), 25 in the case of each high load condition, and 15 in the
276 case of each low load condition. In 10 of the lists, the participants were asked to remember
277 the 3 smallest items (low load condition), whereas in the remaining 10 lists, they had to
278 remember the 5 smallest items (high load condition). Likewise, in 10 of the lists, participants
279 had to suppress the previously presented items that were no longer the smallest items: 2 items
280 for the 10 lists included in the low suppression condition, and 5 items for the 10 lists included
281 in the high suppression condition (see Table 1). Participants were instructed to listen carefully
282 to the list and when it was finished, they had to recall the 3 or 5 smallest animals or objects on
283 the list. At the beginning of each list, a text message was displayed on a computer screen to
284 indicate the concrete number of smallest items to remember (3 or 5). Then, a beep preceded
285 the first word of the list. At the end of each list of 12 items, a different beep and a big
286 question mark on the screen asked the participants to recall the 3 or 5 smallest items of the
287 current list by verbal response. To continue with the next list, participants had to press the
288 space bar. Thus, during the task, participants had to update words according to a semantic
289 criteria (size) that implied substituting and inhibiting previously presented words that ~~are~~
290 were no longer relevant under variable conditions of maintenance (words to be recalled) and
291 inhibition (words to be discarded or inhibited). A list example is: árbol (tree), autobús (bus),
292 piscina (pool), sofá (couch), cesta (basket), tema (matter), acto (act), flor (flower), dedo
293 (finger), lápiz (pencil), oreja (ear), patata (potato). We used the percentage of correctly
294 recalled words as updating index.

295

296 Table 1. Composition of the lists as a function of the experimental conditions

| Low load / low inhibition (5 Lists) | Low load / high inhibition (5 Lists) | High load / low inhibition (5 Lists) | High load / high inhibition (5 Lists) |
|---|--|--|---|
| 3 Relevant items | 3 Relevant items | 5 Relevant items | 5 Relevant items |
| 2 Irrelevant items | 5 Irrelevant items | 2 Irrelevant items | 5 Irrelevant items |
| 7 Filler items | 4 Filler items | 5 Filler items | 2 Filler items |

297

298 *Inhibition tasks*

299 *Response-Distractor Inhibition.* We used the Go-no go task and flanker tasks.

300 *Go-no go task* was adapted from Christ, Steiner, Grange, Abrams, and White (2006).

301 Two experimental conditions were administered: go and no-go. The no-go stimulus was the
 302 red t-shirt of the Spanish national football team, and the go stimuli were six t-shirts of other
 303 national football teams (i.e., Germany, Argentina, Brazil, France, Netherlands, and Peru),
 304 subtending approximately 4.3° horizontally and 5.3° vertically. The screen resolution was
 305 1024 x 768 pixels. On each trial, one of the t-shirts was centrally displayed. Participants were
 306 asked to press the space bar as quickly as possible when any stimulus other than the Spanish
 307 t-shirt appeared; in that case, participants had to avoid responding. After an interval of 1,000
 308 ms, a new trial was presented. If a participant responded less than 100 ms after the
 309 presentation of a target (an anticipatory error), a visual message (“too fast, you cannot see the
 310 t-shirt”) was displayed on the screen. In contrast, if a participant failed to respond within
 311 1,500 ms (an inattentive error), a different visual message (“too slow, respond faster”) was
 312 presented. If a participant responded on a no-go trial (a false alarm error), another visual
 313 message (“no response needed when you see the Spanish t-shirt”) appeared. Following 49 go
 314 trials (neutral phase), six experimental blocks consisting of 40 trials (30 go and 10 no-go
 315 trials) were administered. No-go stimuli were randomly presented on 25% of trials. At the end

316 of each block, a break was offered. The participants were seated approximately 60 cm from
317 the computer monitor. The dependent variable was the proportion of errors in no-go trials.

318 *Flanker task* (Eriksen & Eriksen, 1974, adapted from Munro, Chau, Gazarian, &
319 Diamond, 2006). The screen resolution was 800 x 600 pixels. The stimuli consisted of five
320 cartoon fishes pointing to the right or to the left, subtending a visual angle of 8° x 1.2°,
321 horizontally and vertically, respectively. The fish's ~~color~~ was blue or pink depending on the
322 condition administered. A typical flanker task was administered in the blue condition, and the
323 participants should respond depending on whether the central fish was pointing to the left or
324 right, while trying to ignore flanker fishes at the same time, by pressing the corresponding left
325 or right key on the keyboard ('Z' and 'M', respectively) with the index fingers of both hands.

326 A reverse flanker task was ~~performed~~ ~~displayed~~ in the pink condition, in which the
327 participants ~~should~~ respond to the flanker fishes' direction while ignoring the central fish. In
328 three conditions, the target was flanked by three noise stimuli on each side: (a) on congruent
329 trials, the flanker fish were pointing in the same direction as the central one; (b) on
330 incongruent trials, the flankers pointed in the opposite direction from the central fish; and (c)
331 on neutral trials, the fishes to-be-ignored were replaced with geometrical figures without left-
332 right defined direction. The participants were seated approximately 60 cm from the computer
333 monitor. Each trial started with a cross-shape fixation; 500 ms later, an array of five fishes
334 appeared on the screen and remained until the participant responded. After the end of the trial,
335 a pause of 500 ms ensued before the start of the next trial. The experiment started with a
336 neutral blue block (32 trials; the first 8 were warm-up trials not included in the analysis),
337 continued with a practice blue block in which participants had to respond to central fish (12
338 trials) and two experimental blue blocks (24 trials each). Then, the fishes' ~~color~~ changed to
339 pink, and participants were instructed to respond to the flanker fishes instead of to the central
340 fish. Similarly to the blue condition, a neutral pink block (32 trials, the first 8 were warm-up
341 trials), a practice pink block (12 trials), and two experimental pink blocks (24 each) were

Comentado [SMS7]: Perhaps this description as to seating is more appropriately positioned with the screen pixel description at the beginning of the paragraph (line 305).

Comentado [SMS8]: -ly for coherence with the previous paragraph.

Comentado [SMS9]: I question the Word choice here using "performed", does the task perform?

Comentado [SMS10]: Coherence of "should" with the preceding sentence.

Comentado [SMS11]: See above comment, line 316

Comentado [SMS12]: Perhaps reword for succinctness: "A pause of 500 ms separated each trial."

342 successively administered. Finally, both central (blue) and flanker (pink) conditions were
343 combined in the same blocks, with the fishes' color cueing the target stimuli in each trial. A
344 practice block (24 trials) and two experimental blocks (48 trials each) were applied under this
345 alternating condition. Auditory and visual feedback ~~was-were~~ provided in a cartoon-like
346 fashion ~~in-order~~ to sustain a high attentional level. Participants were instructed to respond as
347 quickly as possible while making as few errors as possible. The dependent variable was the
348 mean reaction time (RT) in the incongruent condition in the flanker block.

349 *Cognitive Inhibition.* We used the updating task described above. As indexes of
350 cognitive inhibition, we used the proportion of same-list intrusions and the proportion of
351 previous-list intrusions which, according to De Beni and Palladino (2004), tap two kinds of
352 cognitive inhibition: suppression of information in WM and resistance to proactive
353 interference, respectively.

354 *Shifting task.* This was measured with the third block of the flanker task, in which central and
355 flanker conditions were combined so that, in some trials, participants have to switch attention
356 from center to flanker and vice versa. The dependent variable was the mean **RT** in attentional
357 change trials.

358 Results

359 Following Friedman et al. (2008), RTs < 200 ms were eliminated. For the ~~Shifting-shifting~~
360 task, RTs for trials immediately following errors were also excluded. To obtain the best
361 measure of central tendency for each condition, we applied a within-subject trimming
362 procedure that is robust to nonnormality (Wilcox & Keselman, 2003).

363 *Analysis by age*

364 Table 2 shows means and standard deviations for the relevant variables for the different age
365 groups. In order to test the age effect, several ANOVAs were performed with age as an
366 independent variable and variables related to executive functioning, metaphor interpretation,
367 analogical reasoning, class inclusion, and remote association measures as dependent

Comentado [SMS13]: RT is not explained anywhere else, I suppose it is Response Time but should appear first written out with the RT within parenthesis, thereafter using RT alone.

368 variables. All $ps < .001$, and Bonferroni correction was applied to multiple comparisons,
 369 unless otherwise stated. Results showed a significant effect of age for all the-variables related
 370 to executive functioning except for the go no-go task: a) for updating information in WM,
 371 $F(2, 116) = 14.05$, $\chi^2 = 0.20$; b) for inhibition: for response-distractor inhibition, $F(2, 116) =$
 372 16.14 , $\eta^2 = 0.22$, and for the two measures of cognitive inhibition—inhibition of information
 373 in WM, $F(2, 116) = 9.65$, $\eta^2 = 0.14$, and resistance to proactive interference, $F(2, 116) =$
 374 10.33 , $\eta^2 = 0.15$,—and; c) for shifting, $F(2, 116) = 10.58$, $\eta^2 = 0.15$.

375
 376 Table 2. Means and (standard deviations) of the relevant variables. Proportions are presented
 377 for all variables except for flanker and shifting, for which TRs in ms are provided.

| Variables | | | 11 year-olds | 15 year-olds | Young |
|----------------------------------|--------------------------------------|------------------|----------------|----------------|----------|
| Updating | | low load | .81(.15) | .89(.13) | .92(.07) |
| | | high load | .76(.15) | .86(.10) | .87(.09) |
| | | low suppression | .82(.13) | .89(.78) | .90(.07) |
| | | high suppression | .75(.16) | .85(.14) | .87(.09) |
| | | Overall | .70(.13) | .81(.12) | .84(.09) |
| Inhibition | Suppression of information in WM | low load | .16(.14) | .08(.11) | .06(.07) |
| | | high load | .19(.13) | .11(.09) | .10(.08) |
| | | low suppression | .14(.11) | .07(.06) | .07(.05) |
| | | high suppression | .21(.15) | .13(.13) | .08(.05) |
| | | Overall | .16(.12) | .09(.07) | .08(.05) |
| | Resistance to Proactive interference | low load | .04(.04) | .02(.03) | .02(.03) |
| | | high load | .04(.04) | .03(.04) | .03(.03) |
| | | low suppression | .05(.04) | .03(.04) | .03(.03) |
| | | high suppression | .04(.04) | .02(.03) | .03(.03) |
| | | overall | .20(.13) | .11(.08) | .11(.08) |
| Response-distractor interference | Flanker task | 679.44(174.46) | 560.21(171.18) | 475.10(128.29) | |
| | Go no-go task | .81(.11) | .83(.09) | .85(.09) | |
| Shifting | | 1034.05(254.20) | 837.73(159.27) | 847.46(218.47) | |
| Remote Assoc. | | 9.19(9.71) | 13.82(13.64) | 28.20(22.91) | |
| Class inclusion | | 56.62(14.74) | 60.52(18.21) | 59.62(17.99) | |
| Analogies | | 55.77(16.88) | 68.39(14.34) | 71.15(14.16) | |
| Metaphor | | 38.25(18.51) | 53.46(17.77) | 67.52(19.19) | |

Comentado [SMS14]: No period after a table title.

Comentado [SMS15]: If this is Response Times, it should read RTs (refer to preceding comment).

Comentado [SMS16]: Perhaps this should be inserted as a Note below the table.

Comentado [SMS17]: Unnecessary period.

379 Multiple comparisons showed the same pattern for all these cases: 11 year-olds performed

380 worse than 15 year-olds and than young adults, but no differences were found between 15

381 year-olds and young adults. The same pattern was also found in analogical reasoning, $F(2,$
382 $116) = 11.46$, $\eta^2 = 0.17$. In the case of metaphor interpretation, age differences were found
383 among all ~~the~~-age groups, $F(2,116) = 24.45$, $\chi^2 = 0.30$, and in the case of the Remote
384 Association Test, no differences were found between 11 and 15 year-olds, but differences
385 were found with regard to young adults for both groups. Finally, no differences among age
386 groups were found for class inclusion.

387 *Correlational analysis*

388 In order to analyze the relationship between the different variables and metaphor
389 interpretation, Pearson correlations were computed for each ~~one-of~~-age groups (see Table 3).
390 The pattern of correlations varied as a function of age. In ~~the~~-11-year-old children, the only
391 variables that were significantly related ($p < .05$) to metaphor interpretation were analogical
392 reasoning ($r = .44$), class inclusion ($r = .32$) and remote associations ($r = .29$), not finding any
393 significant correlation with measures of executive functioning. At age 15, the significant
394 relationship between metaphor comprehension and analogies ($r = .47$) and class inclusion ($r =$
395 $.51$) remained, but we also observed significant correlations with some measures of executive
396 functioning: updating in all the experimental conditions ($r = .36$), with the highest correlation
397 occurring in the high cognitive demand condition ($r = .40$), suppression of information in WM
398 in high suppression conditions ($r = -.37$), and resistance to proactive interference in conditions
399 of low inhibitory demand ($r = -.42$).

400 In the case of ~~the~~-young adults, the significant correlation of metaphor comprehension/
401 interpretation with class inclusion disappeared, but correlations with analogical reasoning ($r =$
402 $.37$), updating in all experimental conditions ($r = .37$), and resistance to proactive interference
403 in low suppression conditions ($r = -.34$) were maintained.

404

405 Table 3. Correlations among executive functioning and relational verbal reasoning variables
 406 with metaphor interpretation for the three age groups.

Comentado [SMS18]: No period after table title.

| Variables | | | 11- year-olds | 15- year-olds | Young adults | |
|------------|---|------------------|------------------|------------------|-----------------|------|
| Updating | | low load | .05 | .31* | .12 | |
| | | high load | .04 | .26 | .03 | |
| | | low suppression | .10 | .14 | .02 | |
| | | high suppression | .00 | .38** | .10 | |
| | | <u>Overall</u> | .21 | .36* | .37** | |
| Inhibition | Suppression of information in WM | low load | .00 | -.34* | -.04 | |
| | | high load | .00 | -.23 | .07 | |
| | | low suppression | -.06 | -.13 | .23 | |
| | | high suppression | .04 | -.37** | -.09 | |
| | | <u>Overall</u> | .06 | -.24 | .09 | |
| | Resistance to proactive interference | low load | -.03 | -.24 | -.23 | |
| | | high load | -.13 | -.31* | -.14 | |
| | | low suppression | -.12 | -.42* | -.34* | |
| | | high suppression | -.03 | -.03 | .02 | |
| | | overall | .08 | -.23 | -.05 | |
| | Response-distractor interference | Flanker task | -.19 | .14 | -.08 | |
| | | Go no-go task | .15 | .15 | -.16 | |
| | Shifting | | | -.15 | .00 | -.15 |
| | Remote Assoc. | | | .29* | -.04 | .10 |
| | Class inclusion | | | .32* | .51** | .23 |
| Analogies | | | .44** | .47** | .37* | |

408 * $p < .05$. ** $p < .01$.

409 *Analysis of the variance communality*

411 Given that we have multiple predictors of metaphor interpretation, one way to decompose R^2
 412 in multiple regression analysis is to carry out a communality analysis to decompose the
 413 percentage of variance of the dependent variable that is uniquely associated with each
 414 independent variable and the proportion of the explained variance associated with the
 415 common effect of the predictors (Seibold & McPhee, 1979). This procedure allows us to
 416 know the exact contribution of each ~~one of the variables~~ in a regression equation. This
 417 analysis was carried out for each ~~one of the~~ age groups.

418 *11 year-olds*. The independent variables (IVs) used were analogies, remote associations, and
 419 class inclusion because they were the only ones showing significant correlations with
 420 metaphor comprehension (see Table 3). A total of 21.6% of the variance of metaphor
 421 comprehension was explained ($p < .04$), with analogical reasoning being the variable with
 422 more weight at this age, although only marginally significant ($\beta = .336, p < .06$).

423 Table 4. Community analysis. 11 year-olds

424

| Predictor variables | R ² | Coefficient | Percentage |
|--|----------------|-------------|------------|
| Unique analogies | 19 | 8.1 | 37.50 |
| Unique class inclusion | 10 | 1 | 4.63 |
| Unique remote associations | 8.5 | 1.1 | 5.09 |
| Common remote associations, class inclusion | 13.5 | 0.5 | 2.31 |
| Common remote associations, analogies | 20.6 | 2.4 | 11.11 |
| Common analogies, class inclusion | 20.5 | 4 | 18.52 |
| Common analogy, class inclusion, remote associations | 21.6 | 4.5 | 20.83 |

425 Analysis of the variance community (see Table 4) showed that analogical reasoning made a
 426 unique contribution of 8.10% to metaphor interpretation, representing 37.50% of the total
 427 explained variance. The rest of the interactions of analogies with the other IVs had a much
 428 lower weight. The unique contribution both of class inclusions and remote associations was
 429 about 5% of the total of the explained variance.
 430

431 *15 year-olds*. The IVs used were analogies, class inclusion, resistance to proactive
 432 interference and suppression of information in WM because they showed significant
 433 correlations with metaphor interpretation (see Table 3). Updating was not included in the
 434 regression analysis because, in a preliminary analysis, its contribution to the total explained
 435 variance was zero. A total of 52.6% of the variance of metaphor interpretation was explained
 436 ($p < .001$). The variable with the highest weight in the regression was resistance to proactive
 437 interference ($\beta = -.389, p < .002$), followed by suppression of information in WM ($\beta = -.311,$
 438 $p < .01$), and class inclusion ($\beta = -.389, p < .002$).

439 Analysis of the variance communality revealed that the unique contribution of
 440 resistance to proactive interference explained the highest percentage of variance (27.95%),
 441 followed by the unique contribution of suppression of information in WM (17.49%), both
 442 processes related to cognitive inhibition. The unique contributions of the two variables related
 443 to cognitive inhibition—resistance to proactive interference and suppression of information in
 444 WM—were higher than their interaction with analogical or class inclusion reasoning (see
 445 Table 5).

446 On ~~the other~~ another hand, the unique contributions of the variables related to
 447 relational verbal reasoning—class inclusion and analogical reasoning—were much lower
 448 (13.12% and 4.18%, respectively) than their common contribution: the interaction between
 449 class inclusion and analogies explained 17.87% of the total variance. Therefore, conjointly,
 450 the two relational verbal reasoning variables explained as much variance as suppression of
 451 information in the WM by itself, but the interaction between the variables of cognitive
 452 inhibition and relational verbal reasoning greatly suppressed the effect found.

Comentado [SMS19]: Use the idiom “on the one hand” first, then “on the other hand” second when comparing two things; as the first is not used, in this case “on the other hand” is incorrect.

453 Table 5. Communality analysis. 15-year-olds

| Predictor variables | R2 | Coefficient | Percentage |
|--|------|-------------|------------|
| Unique analogies | 22.4 | 2.2 | 4.18 |
| Unique class inclusion | 25.6 | 6.9 | 13.12 |
| Unique proactive interference | 17.7 | 14.7 | 27.95 |
| Unique suppression | 14 | 9.2 | 17.49 |
| Common proactive interference, analogies | 35.1 | 1.7 | 3.23 |
| Common class inclusion, analogies | 30.9 | 9.4 | 17.87 |
| Common proactive interference, class inclusion | 39.9 | 0.3 | 0.57 |
| Common suppression, analogy | 30.7 | 1.3 | 2.47 |
| Common suppression, class inclusion | 34 | 1.4 | 2.66 |
| Common suppression, proactive interference | 34.1 | -2.2 | -4.18 |
| Common suppression, proactive interference, class inclusion | 50.4 | -0.1 | -0.19 |
| Common suppression, proactive interference, analogies | 45.7 | 0.1 | 0.19 |
| Common suppression, class inclusion, analogies | 37.9 | 4.5 | 8.56 |
| Common proactive interference, class inclusion, analogies | 43.4 | 3.4 | 6.46 |
| Common suppression, proactive interference, class inclusion, analogies | 52.6 | -0.2 | -0.38 |

454
 455 *Young adults.* The IVs used were analogical reasoning, resistance to proactive interference
 456 and updating because they showed significant correlations with metaphor interpretation (see

457 Table 3). A total of 25.6% of the variance of metaphor interpretation was explained ($p < .02$).
 458 The variable with the greatest weight in the regression was analogical reasoning ($\beta = .279, p <$
 459 $.07$), followed by updating information in WM ($\beta = .225, p < .17$), and resistance to proactive
 460 interference ($\beta = -.208, p < .20$) (See Table 6). Therefore, none of the independent variables
 461 had a significant weight in the regression, and even analogical reasoning fell short of the
 462 standard levels of significance.

463 Analysis of the variance communality revealed that analogical reasoning made a
 464 unique contribution of 28.52%; the interaction between resistance to proactive interference
 465 and updating made a contribution of 16.80%, while the unique contribution of updating was
 466 16.41%.

467 Table 6. Communality analysis. Young adults

| Predictor variables | R^2 | Coefficient | Percentage |
|--|-------|-------------|------------|
| Unique analogies | 13.4 | 7.3 | 28.52 |
| Unique updating | 13.9 | 4.2 | 16.41 |
| Unique proactive interference | 11.4 | 3.7 | 14.45 |
| Common analogies, updating | 21.9 | 2.7 | 10.55 |
| Common proactive interference, analogies | 21.4 | 0.7 | 2.73 |
| Common proactive interference, updating | 18.3 | 4.3 | 16.80 |
| Common analogies, updating, proactive interference | 25.6 | 2.7 | 10.55 |

468
 469 *Analysis by efficiency*

470 Analysis by age revealed that, at age 11, executive functioning did not significantly influence
 471 performance of metaphor interpretation. However, it did affect the 15-year olds age group of
 472 15-years and the young adults groups, especially the variables related to updating information
 473 in WM and cognitive inhibition. Moreover, there were no significant differences in any of the
 474 variables of executive functioning between 15 year-olds and young adults, but there were
 475 differences in metaphor interpretation. A possible interpretation of this result is that the
 476 difference between 15-year-olds and young adults did not reflect the possible individual
 477 differences in metaphor processing efficiency. That is, some young adults may have poorer
 478 metaphor comprehension than some 15-year-old adolescents. To verify this possibility, a new

479 analysis was performed by dividing the 15-year-olds and young adults not by age, but by
480 good or poor metaphor comprehension. Participants who scored above the median in
481 metaphor interpretation (58.3%) were assigned to the efficient group, and those who scored
482 below the median were assigned to the less efficient group. According to this division, 32
483 participants (twenty-one 15-year-olds and eleven young adults) were assigned to the "less
484 efficient metaphor processors" group, and 35 (twelve 15-year-olds and twenty-three young
485 adults) to the "efficient metaphor processors" group. To verify that the group division
486 performed actually reflected differential efficiency in metaphor processing, Student's *t* was
487 calculated between the two groups of participants in the variables that made significant
488 contributions to metaphor interpretation. Results showed that the less efficient group of
489 metaphor processors also obtained poorer scores in updating information in WM, analogical
490 reasoning, and class inclusion (all *ps* < .05). However, the difference in cognitive inhibition
491 fell short of the standard levels of significance (*p* < .08).

492 *Correlational analysis*

493 As ~~shown in~~ Table 7 shows, difficulties in metaphor interpretation ~~are-were~~ associated with
494 greater effort of executive control related to updating information in WM and cognitive
495 inhibition variables. A high positive and significant correlation was observed between the
496 measures of updating information in WM and metaphor interpretation (*r* = .61), as well as
497 negative and significant correlations between metaphor interpretation and suppression of
498 information in WM (*r* = -.55) and resistance to proactive interference (*r* = -.41). The
499 correlations with class inclusion (*r* = .53) and analogical reasoning were also significant (*r* =
500 .38). However, there was no significant correlation with any of the variables in the group of
501 efficient processors in metaphor interpretation.

502

Comentado [SMS20]: Perhaps this "performed" should be "performance"?

503 Table 7. Correlations among executive functioning and relational verbal reasoning variables
 504 with metaphor interpretation for less efficient and more efficient groups.

| Variables | | | Efficient | Less Efficient |
|----------------------------------|--------------------------------------|------------------|-----------|----------------|
| Updating | | low load | -.04 | .60** |
| | | high load | -.04 | .21 |
| | | low suppression | -.08 | .19 |
| | | high suppression | .00 | .51** |
| | | Overall | .04 | .61** |
| Inhibition | Suppression of information in WM | low load | .14 | -.54** |
| | | high load | .06 | -.30 |
| | | low suppression | .21 | -.12 |
| | | high suppression | .02 | -.55** |
| | | Overall | .10 | -.33 |
| | Resistance to proactive interference | low load | -.07 | -.40* |
| | | high load | -.26 | -.37* |
| | | low suppression | -.15 | -.41* |
| | | high suppression | -.22 | -.24 |
| | | Overall | .03 | -.24 |
| Response-distractor interference | Flanker task | -.29 | -.23 | |
| | Go no-go task | -.06 | .11 | |
| Shifting | | | -.11 | -.04 |
| Remote Associations | | | .18 | .15 |
| Class inclusion | | | -.06 | .53** |
| Analogies | | | .04 | .38* |

505 * $p < .05$. ** $p < .01$.

506 *Communality of variance analysis*

507 Based on the correlational analysis, analysis of variance communality was performed with
 508 only the group of less efficient processors. For this purpose, the following variables were
 509 selected because they presented higher correlations with metaphor interpretation: inhibition of
 510 information in WM under high suppression condition ($r = -.55$), resistance to proactive
 511 interference under low suppression condition ($r = -.41$), overall updating ($r = .61$), class
 512 inclusion ($r = .53$), and analogical reasoning ($r = .38$) (see Table 7). However, to circumvent
 513 interpretational difficulties, we followed the recommendations of Wisler (1969) and Mood
 514 (1971) to group variables when there are many predictors (see Seibold & McPhee, 1979).

515 Thus, we grouped the two inhibition indices—suppression of information in WM and

Comentado [SMS21]: No period at the end of a table title.

516 resistance to proactive interference—into a single index that we ~~will~~-called *cognitive*
 517 *inhibition*. The correlation of this new variable with metaphor comprehension was $r = -.60$.

518 The total variance of metaphor interpretation explained by the four resulting variables
 519 after the grouping was 47% ($p < .001$). The only variable whose weight was close to
 520 significance in the regression was class inclusion ($\beta = .319, p < .07$). The communality
 521 analysis revealed that the highest percentage of variance explained corresponded to the
 522 interaction between updating and cognitive inhibition (29.8%) (see Table 8), the two variables
 523 associated with executive functioning (see Table 8). Class inclusion by itself also explained a
 524 considerable percentage (14.68%), but its influence was not summative to the executive
 525 functioning variables, because the interaction between the three variables was very similar to
 526 the unique influence of class inclusion (14.89%).

527 Table 8. Communality analysis. Less efficient metaphor processors.

| Predictor variables | R2 | Coefficient | Percentage |
|---|------|-------------|------------|
| Unique updating | 36.8 | 2 | 4.26 |
| Unique Cognitive inhibition | 35.7 | 1 | 2.13 |
| Unique class inclusion | 28.4 | 6.9 | 14.68 |
| Unique analogies | 14.6 | 0 | 0.00 |
| Common updating, cognitive inhibition | 38.9 | 14 | 29.79 |
| Common updating, class inclusion | 46 | 1.1 | 2.34 |
| Common updating, analogies | 38.7 | 0 | 0.00 |
| Common cognitive inhibition, class inclusion | 45 | 0.4 | 0.85 |
| Common cognitive inhibition, analogies | 37 | 0 | 0.00 |
| Common class inclusion, analogies | 30 | 1.2 | 2.55 |
| Common updating, cognitive inhibition, class inclusion | 47 | 7 | 14.89 |
| Common updating, cognitive inhibition, analogies | 40.1 | 1.6 | 3.40 |
| Common updating, class inclusion, analogies | 46 | 0.1 | 0.21 |
| Common cognitive inhibition, class inclusion, analogies | 45 | 0.7 | 1.49 |
| Common updating, cognitive inhibition, class inclusion, analogies | 47 | 11 | 23.40 |

528 Discussion
 529 Metaphor comprehension is a highly complex process, subject to processes of change and
 530 development, and requiring high levels of abstraction. The debate in ~~the last~~recent years ~~has~~
 531 ~~been~~—mainly centered on the consideration of metaphors as analogies or as “class-inclusion
 532 assertions.” Although there is evidence in favor of both alternatives, there has also been some

Comentado [SMS22]: No period after table title

Comentado [SMS23]: For coherence with previous tables.

Comentado [SMS24]: See comment line 40 on use of dash here.

534 evidence relating metaphor interpretation to abilities linked to executive functioning such as
535 inhibitory processes (Gernsbacher et al., 2001; Glucksberg et al., 2001; Rubio-Fernández,
536 2007), the use of attentionally controlled resources (Johnson & Pascual-Leone, 1989),
537 cognitive flexibility (Mashal & Kasirer, 2011), or WM (Blasko, 1999; Kazmerski, et al.,
538 2003).

539 Our main objective was to analyze the contributions of relational verbal reasoning
540 (analogical and class inclusion reasoning) and executive functioning across development.
541 We postulated that both relational reasoning and executive functioning should predict
542 individual and developmental differences in metaphor interpretation. But executive
543 functioning will play a supplementary role, especially when metaphor comprehension is
544 highly demanding; either because of the high difficulty of the metaphors (relatively novel
545 metaphors in the absence of a context), or because of the individual's special processing
546 difficulties, such as low levels of reading experience, ~~low~~-semantic knowledge and/or ~~low~~
547 executive abilities. Thus, we hypothesized that if relational reasoning was the only factor
548 responsible for metaphor interpretation, developmental differences would not be expected
549 because most children have already acquired these abilities around 11 years of age. However,
550 as executive functioning abilities continue to develop during adolescence and far beyond
551 adolescence, if executive functioning is responsible for metaphor interpretation, we
552 hypothesized changes across development. Thus, when executive functioning is not yet
553 established—that is, at the age of 11—, metaphor comprehension should rely more on
554 analogical or class inclusion reasoning. However, when people can benefit from an adequate
555 updating of information in WM, suppression of inappropriate information, and effective
556 shifting between literal and metaphorical meanings—that is, at the age of 15 and far beyond—,
557 they will use these executive resources to better interpret metaphoric sentences.

558 As expected, our results showed that metaphor interpretation improves across
559 development, as has been shown by other developmental studies (Billow, 1975; Johnson &

560 Pascual-Leone, 1989; Winner, Rosenstiel, & Gardner, 1976). We found that the ability to
561 understand metaphors is present since age 11, but also that there is a clear progress from 11
562 year-olds to 15 year-olds, and from this age to young adults. These results confirmed that
563 metaphor interpretation progresses until adulthood, as reported by Van Herwegen, Dimitriou
564 and Rundblad (2013), especially when the metaphors are ~~not familiar~~unfamiliar and are
565 difficult to understand because of the absence of context.

566 Moreover, also as expected, the analysis of the contribution of the different variables
567 to metaphor interpretation varied with age. At age 11, only variables related to relational
568 verbal reasoning ~~are-were~~ predictive of metaphor interpretation: the variable that accounted
569 for the greatest amount of the explained variance ~~is-was~~ the unique effect of analogical
570 reasoning (37.5%), but when unique and common effects of analogical reasoning ~~are-were~~
571 summed, the explained variance reached 88% of the total variance explained. At the age of
572 15, relational verbal reasoning measures—~~analogical and class inclusion reasoning~~—were
573 also related to metaphor interpretation. Moreover, different measures of executive functions
574 also made a significant contribution, but only variables related to updating information in
575 WM and to cognitive inhibition: all the measures of updating, inhibition of information in
576 WM, and resistance to proactive interference, so that, conjointly, relational verbal reasoning
577 and executive functioning explained 52.6% of the variance. The analysis of variance
578 communality showed that the variable that accounted for the greatest amount of the
579 explained variance was resistance to proactive interference (27.95%), followed by the unique
580 contribution of suppression of information in WM (17.49%), a percentage of variance similar
581 to that explained by the interaction between analogical and class inclusion reasoning, which
582 explained 17.87%. Taking into account that the effects are not additive—because the
583 interaction between the variables of cognitive inhibition and relational verbal reasoning
584 considerably suppressed the effect of the unique contribution of resistance to proactive
585 interference—this seemed to indicate that the 15-year-old adolescents use two different ~~and~~

586 alternative strategies to interpret metaphors: either they resolved metaphors using mechanisms
587 of cognitive inhibition, especially resistance to proactive interference, or they ~~do so~~
588 through analogical and class inclusion reasoning. We referred to two alternative mechanisms
589 because the interaction of the effects of ~~the both~~ inhibitory processes and the reasoning
590 processes suppressed the unique effect attributed to them. Finally, in ~~the~~ *young adults*, the
591 studied variables made a lower contribution to metaphor interpretation. Relevant variables—
592 updating information in WM, resistance to proactive interference and analogical reasoning—
593 explained 25.6% of the variance. The analysis of the variance communality revealed that
594 analogical reasoning made the greatest contribution to the explained variance (28.52%), with
595 executive functioning variables having a much lower weight: the interaction between
596 resistance to resistance to proactive interference and updating contributed 16.80%, and the
597 unique contribution of updating was 16.41%. It seems that again we found—as in the case
598 of 15-year-olds—two alternative strategies, because the unique effect of analogy decreased
599 when it interacted with the executive functioning variables, whereas the executive
600 functioning variables benefited from the interaction with other processes.

601 Therefore, analysis by age could be showing that, given that updating information in
602 WM and cognitive inhibition—both related to executive functioning—are both still
603 developing until late adolescence (and some processes related to inhibition even far beyond
604 that stage) (Huizinga, Dolan, & Van Der Molen, 2006; Xu et al., 2013), at the age of 11,
605 children could not benefit from WM processes (updating and cognitive inhibition processes)
606 to understand metaphors. Instead, these children rely on relational verbal reasoning to
607 understand the meaning of metaphors. However, at the age of 15, when executive functioning
608 is sufficiently consolidated—but they ~~though~~ still lacking enough reading experience and
609 semantic knowledge—they could benefit from general WM processes. In the case of young
610 adults, contrary to our expectations, although executive processes continued to have a
611 significant effect, their influence decreases, maybe because young adults use more

Comentado [SMS25]: Why the use of italics here for this group and not previously for the other two (11-year olds and 15-year olds)?

Con formato: Resaltar

Comentado [SMS26]: Is this an error (resistance to resistance to)? Rest of article mentions "resistance to proactive....."

612 knowledge-based strategies because of their expected higher reading experience or ~~their~~ more
613 elaborated semantic knowledge. This explanation is consistent with fMRI results obtained by
614 Prat et al. (2012, see also Prat & Just, 2011), who found that, when indices related to
615 individual differences—such as reading experience—and indices related to WM capacity
616 ~~are-were~~ used as independent predictors, reading experience (vocabulary size) ~~is-was~~ more
617 strongly related to neural efficiency in metaphor comprehension in adult participants.

618 Importantly, our results also corroborate^d those found by other studies that have not
619 received much attention, such as those of Johnson and Pascual-Leone (1989), who also found
620 a different pattern of results in children and in adults in metaphor comprehension. These
621 authors found that, unlike the child sample, variables associated with mental attention did not
622 predict metaphor comprehension in adults. In the same line, Prat et al. (2012)—using fMRI
623 technique—found negative correlations between neural activation and WM capacity in
624 executive function and memory brain areas in the easiest experimental condition in adults.

625 Last but not least, the results of the analysis of the more efficient metaphor processors
626 revealed^s that ~~not one~~ of the variables considered in this study influenced metaphor
627 comprehension whereas, in the case of less efficient processors, the opposite occurred. There
628 was a significant correlation between metaphor interpretation and updating information in
629 WM, cognitive inhibition (suppression of information in WM and ~~resistance to resistance to~~
630 proactive interference), and relational verbal reasoning measures (class inclusion and
631 analogical reasoning). All these variables explained 47% of the variance. The analysis of
632 variance communality showed that the interaction between updating and cognitive inhibition
633 explained the greatest proportion (29.8%), and the unique contribution of class inclusion was
634 14.68%. These results again showed—as in the case of the 15-year-olds and the young
635 adults—the use of two alternative strategies to understand metaphors: either ~~the~~ executive
636 control processes ~~were-used~~, or the well-consolidated (since age 11) class inclusion reasoning
637 ~~were used~~.

Comentado [SMS27]: none

Comentado [SMS28]: See comment line 596.

638 This kind of behavioral dissociation between more and less efficient processors was
639 also observed by Prat et al. (2012) at a neural level. These authors found that individuals with
640 higher vocabulary scores and high WM capacity showed less activation in brain areas related
641 to executive functioning. Moreover, when comparing neural bases of analogy reasoning and
642 metaphor comprehension, they corroborated the overlapping of neural and computational
643 components of analogical reasoning and metaphor comprehension. They found that the left
644 lateral prefrontal cortex ~~is-was~~ activated by relational reasoning while the right lateral
645 prefrontal cortex ~~is-was~~ also activated when processing demands of metaphor comprehension
646 increased. In fact, when this occurs, an increasing involvement of neural areas related to
647 WM processes and response selection or inhibition, all related to executive functioning, ~~is~~
648 was observed. Likewise, Kazmerski et al. (2003)—using ERPs technique—found that
649 metaphor comprehension ~~is-was~~ less automatic in participants with lower IQs, a measure that
650 correlated with WM capacity.

Comentado [SMS29]: Rest of article uses “analogical reasoning”.

651 Therefore, to process metaphors that require high levels of processing—such as ~~the~~
652 relatively new metaphors in the absence of context used in this study—~~demanded~~ from the
653 less efficient processors not only the intervention of relational reasoning, but the
654 supplementary aid of executive functioning, especially of cognitive inhibition and updating
655 information in WM. These results also supported those that have previously linked metaphor
656 comprehension to the intervention of inhibitory processes (Chiappe & Chiappe, 2007;
657 Gernsbacher et al., 2001; Glucksberg et al., 2001; Rubio-Fernández, 2007).

658 One possibility is that executive functioning could ~~also be mediating~~ have mediated
659 relational verbal reasoning. However, this ~~does-did~~ not seem feasible in the light of the results
660 obtained; although it should be corroborated in future research. What we ~~have~~ observed in the
661 analysis by age—in 15-year-old adolescents and young adults—and also in the less efficient
662 metaphor processors ~~is-was~~ the existence of two clearly differentiated strategies, although
663 both ~~are-were~~ efficient to achieve metaphor interpretation: either processes of relational verbal

664 reasoning ~~are used~~ or else processes of cognitive inhibition and updating linked to cognitive
665 functioning were used. The analysis of variance communality ~~reveals-revealed~~ that they ~~are~~
666 were not complementary, but alternative strategies, because the use of one of them blockeds
667 the effects of the other.

668 Finally, our results stepped away from the traditional debate over whether analogical
669 or class inclusion reasoning have more influence on metaphor interpretation. What we have
670 found is that both types of relational verbal reasoning ~~are-were~~ acceptable strategies to
671 address metaphorical interpretation, but their differential effectiveness dependeds on the level
672 of development, task difficulty, and therefore, on the individuals' knowledge of the world to
673 which the metaphor refers.

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